COMITE CANTINE DE L'ECOLE EUROPEENNE DE BRUXELLES III - IXELLES

APEEE Ixelles

SCHOLACUREUREA
Cantine école de Bruxelles III

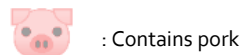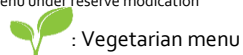| Monday 07 November	Tuesday 08 November	Wednesday 09 November	Thursday 10 November	Friday 11 November
Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables
JOURNÉE PÉDAGOGIQUE	**SECONDARY ONLY** Spare ribs 🐷 Western salad Potato wedges	Tortelloni ricotta and spinach 🌱 Sweet pepper coulis Roman salad	Roasted turkey Mushroom sauce Rice	Dab waterzooi Three vegetables Mashed potatoes
	Soft ice	Dairy	Seasonal fruit	Seasonal fruit
Monday 14 November	Tuesday 15 November	Wednesday 16 November	Thursday 17 November	Friday 18 November
Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables
Chicken nugget Indian sauce, lentils Basmati rice	Country meatballs 🐷 Carrot stew	Beef tagine with olives, chickpeas Semolina	Vegetarian lasagna 🌱	Cod burger Homemade tartare Seasonal salad Parsley potatoes
Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy	Seasonal fruit
Monday 21 November	Tuesday 22 November	Wednesday 23 November	Thursday 24 November	Friday 25 November
Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables
Penna all'amatriciana 🐷 Zucchini Grana padano	Hake back Duglere sauce Butter beans Baked pellets	Vol au vent chicken Rice	Diced pork Polish cauliflower	Broccoli nuggets 🌱 Pizzaiola sauce Brunoise of fresh vegetables Mashed potatoes
Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy
Monday 28 November	Tuesday 29 November	Wednesday 30 November	Thursday 01 December	Friday 02 December
Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables	Soup or raw vegetables
Spaghetti bolognese (beef) Grated emmental	Veal Marengo White beans Bulgur	Shepherd's pie with organic spinach 🌱	**FOCUS MENU** 🏴 Fish and chips Salad of raw vegetables	Poultry gyros Mixed peppers Rice
Seasonal fruit	Seasonal fruit	Dairy	Semolina pudding	Seasonal fruit

NB : menu under reserve modication

Menu adapted following children's age

🌱 : Vegetarian menu   🐷 : Contains pork