



COMITE CANTINE DE L'ECOLE EUROPEENNE DE BRUXELLES III - IXELLES



from 02/11 to 06/11	Monday	Tuesday	Wednesday	Thursday	Friday
	16-nov	17-nov	18-nov	19-nov	20-nov
from 09/11 to 13/11	Minced beef Barbecue sauce Raw vegetables Sautéed gnocchis	Cod fillet Broccolis Potatoes with parsley	Diced poultry Ratatouille Ebly	Roasted salmon Cabbage duo (cauliflower/romanesco) Bülqür	Vegetarian menu Pizza Margherita
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy
from 16/11 to 20/11	23-nov	24-nov	25-nov	26-nov	27-nov
	Pork wok* with crunchy vegetables Basmati rice	Turkey vol au vent Carrots & mushrooms Pan-fried potatoes	Vegetarian menu Cheese penne Tomato coulis with basil Cheese	Chicken skewer marinated Green & white beans Potatoes	Fish back Courgettes Heart of wheat
from 23/11 to 27/11	30-nov	01-déc	02-déc	03-déc	04-déc
	Vegetarian menu Quorn fillet Carrots with chives Oriental chickpeas Semola	Menu du Monde Huhnerbrust (chicken escalope) Bayerischer khol (Bavarian cabbage) Kartoffel (potatoes)	Filet salmon burger Spinach Homemade mashed potatoes	Homemade Pasta Bolognese	Roasted chicken fillet Sautéed parsnips with herbs Bülqür
	07-déc	08-déc	09-déc	10-déc	11-déc
	Colin meunière Celery root & corn Greek pasta	Lamb stew with zucchini & with tomato Potatoes	Turkey escalope Coral lentils with light curry Ebly	Vegetarian menu Coquillettes gratin with pumpkin & parmesan cheese	Fish fillet Green peas and carrots Ovened potatoes
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Ice cream	Seasonal fruit

NB : menu sous réserve de modification

* contient du porc

menu adapté suivant l'âge des enfants