



**COMITE CANTINE
DE L'ECOLE EUROPEENNE
DE BRUXELLES III - IXELLES**



from 22/02 to 26/02	Monday	Tuesday	Wednesday	Thursday	Friday
	22-feb	23-feb	24-feb	25-feb	26-feb
	Soup or raw vegetables Dos de lieu Stir-fried Zucchini & carrots Cœur de blé	Vegetarian Soup or raw vegetables Vegetables risotto & parmesan cheese	Soup or raw vegetables Ovened cod fillet Broccolis Potatoes	Soup or raw vegetables Veal/beef meatballs Tomato sauce Peas Fries	Soup or raw vegetables Roast chicken fillet Green & white beans Bulqur
	Seasonal fruit	Dairy	Seasonal fruit	Seasonal fruit	Seasonal fruit
from 01/03 to 05/03	01-march	02-march	03-march	04-march	05-march
	Vegetarian	02-march	03-march	World menu	05-march
	Soup or raw vegetables Vegetarian gyros Peppers Wild rice	Soup or raw vegetables Diced turkey Carrots with thyme Ovened potatoes	Soup or raw vegetables Roast pork* Fried vegetables Chickpeas Greek pasta	Soup or raw vegetables Chicken Valencian paella	Soup or raw vegetables Roast salmon Fennel Potatoes
	Dairy	Seasonal fruit	Seasonal fruit	Crème catalane	Seasonal fruit
from 08/03 to 12/03	08-march	09-march	10-march	11-march	12-march
	08-march	09-march	10-march	Vegetarian	12-march
	Soup or raw vegetables Sliced lamb Couscous vegetables Chickpeas Semola	Soup or raw vegetables Dos de colin Spinach Homemade Mashed potatoes	Soup or raw vegetables Diced poultry Celery root & corn Ebly	Soup or raw vegetables Fried noodles vegetables & soy	Soup or raw vegetables Turkey escalope Lentils with tomatoes Salad Bulqur
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy	Seasonal fruit
from 15/03 to 19/03	15-march	16-march	17-march	18-march	19-march
	15-march	16-march	17-march	18-march	Vegetarian
	Soup or raw vegetables Pasta gratin Maître d'hôtel (tomato sauce, cream, turkey lardinettes, peas)	Soup or raw vegetables Sliced veal Cauliflower with herbs Saffron rice	Soup or raw vegetables Salmon fillet burger Broccolis Quinoa	Soup or raw vegetables Chicken fillet rosemary Butter beans Potato purée & sweet potatoes	Soup or raw vegetables Vegetarian cordon bleu Salad / tomatos Potatoes & parsley
	Seasonal fruit	Seasonal fruit	Seasonal fruit	Seasonal fruit	Dairy

NB : menu under reserve of modification
* contains pork

menu adapted following children's age